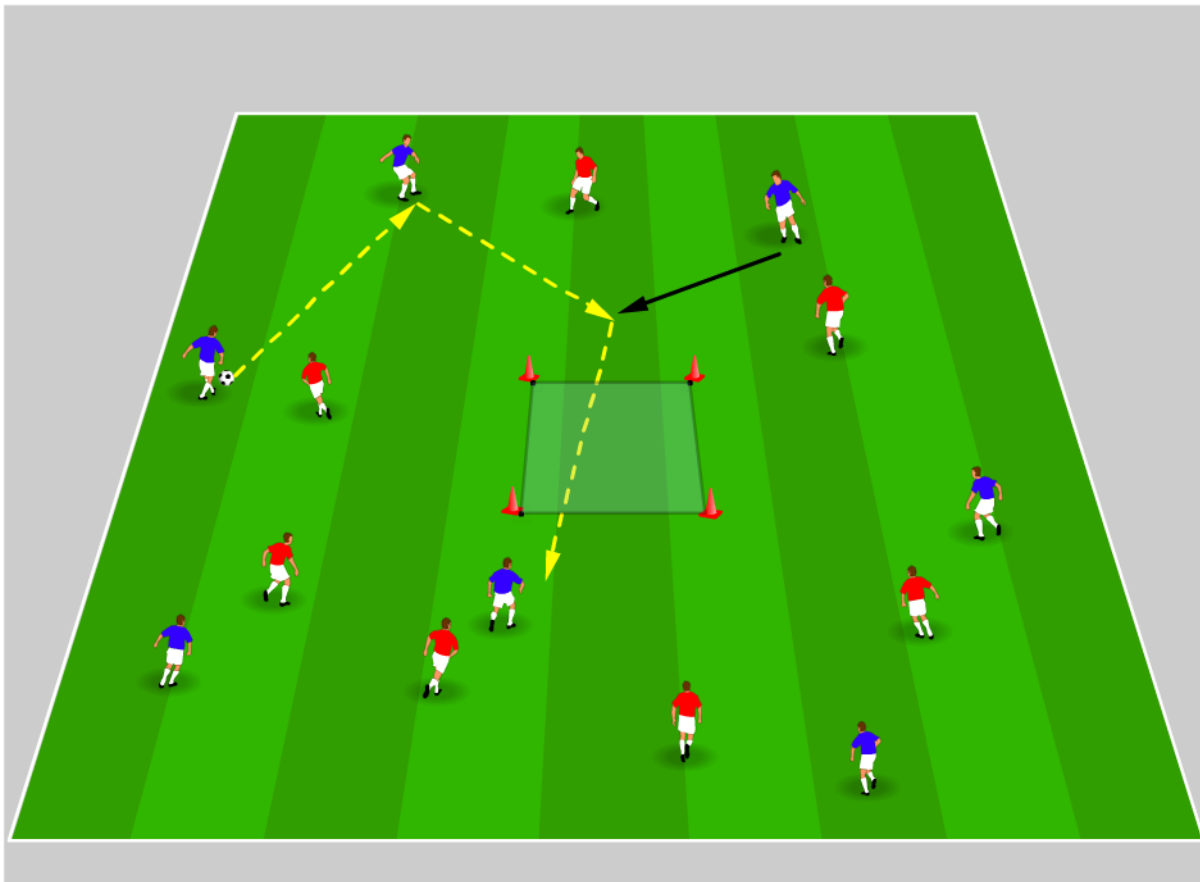


Manchester City FC Academy - Passing and Possession SSG

**Date:** 13 July 2010**Measurement:** 30 x 30**Time:** -**Players:** 14**Duration:** -**Level/Age Group:** 12+**Description:** 7 v 7 with Centre Square - Two team of seven players work to possess the ball and score by passing it through the box in the centre to a teammate on the other side.**Objective:** To develop passing and possession in a small sided game**Coaching Points:**

1. Players must create space to receive the ball unless they are already in space and good position.
2. Keep body shape open to be aware of teammates and opponents
3. Keep it simple and play the way you are facing

Progression:

1. Run the ball through the square. 2. Dribble or pass to score.
3. Add a player in the middle of the square who the team plays to and receives the ball back from.

Using **Tactics Manager Software** I've recreated one of the Manchester City Academy Practices for you - taken from the latest **WORLD CLASS COACHING Magazine** July/Aug 2010 Issue.



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